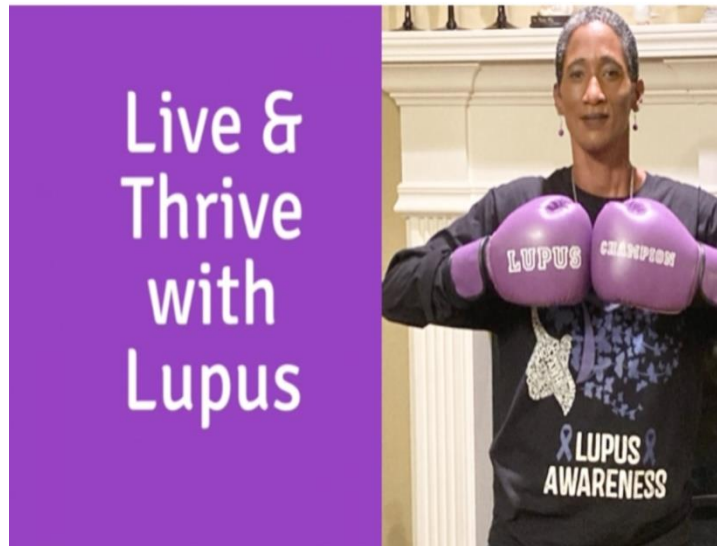


Lupus Champion



Antoinette Thames, is a retired preschool teacher of sixteen years. She has been living and thriving with Systemic Lupus Erythematosus for seventeen years. Volunteering for the Lupus Foundation of Arkansas Inc. gives her an opportunity to spread lupus awareness at a variety of events. A lupus advocate, A Warrior, she is a Lupus Champion. She boxes lupus 365 days a year acclaiming God as her victory being everything she needs and more. She has started a movement proclaiming that people with lupus can live and thrive. When spreading lupus awareness she shares resources that maybe helpful to others on their journey of living and thriving with lupus. Antoinette is incorporating the Baptist Health Community Outreach classes and programs into her life and has found that the programs and classes are aiding in her to better cope with lupus.

August 03, 2019 , Antoinette created Lupus Champions a support and awareness group designed and dedicated to spreading and promoting lupus awareness” We Are Living And Thriving With Lupus!” we are spreading lupus awareness near and far by interacting with our communities. We are encouraging help, hope, healing, positively inspiring words, inspirational stories, resources, and more. “Being a Lupus Champion is a lifestyle and a mindset where when lupus challenges you and knocks you down, a Lupus Champion endures the fight with everything in them.”



*“Lupus Champions”
Awareness*



*We are boxing lupus One
Year , One month, One week,
One day, One hour, One minute
and One second at a time!*



Lupus Champion 🇺🇸